




Sponsorship

Space Between
140 Lakeside Ave
Suite A, #64
Seattle, WA 98122



Does sharing mindfulness practice for the *wellness and wholeness of all students* resonate with you?

Partner with Space Between

Our mission: To facilitate human and school transformation through mindfulness practices.

- Space Between provides mindfulness programs to schools, where we teach weekly mindfulness practices. Students learn to manage and overcome everyday challenges, as they practice meeting the present moment with curiosity and compassion.
- The practices, while simple, plant the seeds to nourish mental wellness, increase agency and empowerment, and provide more space for growth, for youth and the adults around them.
- This year, we will serve about 3,400 people, including youth, educators, school staff, and families.

Our Impact

CASE STUDY: SANISLO ELEMENTARY

After 4 years of partnership, School Climate Surveys at Sanislo found increases from 53 to 90 for **safety**, from 67 to 88 for **belonging**, and from 67 to 95 for **social-emotional learning** (out of 100). The changes at Sanislo match what our evaluations are showing in our other schools: challenging behaviors decrease among students, teachers have more tools for responding with kindness when these behaviors arise, and there is an overall shift toward greater social-emotional competency and mental wellness. [Watch Sanislo's story here](#) (1 min video clip).



Students say:

"I loved this class – I hope that other people get to experience this in our school." "I like mindfulness because it makes me a better person." "I notice that I am more calm and positive." "I focus more."

Teachers say:

"Breathing practices, kindness and curiosity helped me to maintain perspective and carry on during the rough moments of a very challenging (and rewarding) year." "I only wish we had been able to learn this 20 years ago...this is the first thing we've ever done that actually works, that actually teaches us and kids how to decrease stress."

Sponsorship

**Do you want to support social emotional learning and wellness for students?
Your sponsorship of Space Between helps make this possible.**

Aside from our regular work in schools, 2023-2024 planned events include:

- October Annual Fundraiser shared with 800+ mailing list and over 5,000 in school communities
- Eight mindfulness workshops throughout the year marketed to and open to all 8,000 Seattle Public School employees
- Two mindfulness retreats for BIPOC educators
- Three or more Bringing Mindfulness Home workshops for parents/guardians, shared with school communities of 500+ each.

BENEFITS

SUGGESTED GIVING LEVELS

	Corporations	Small Business	Community Partners
Featured in annual report, website, social media			
Verbal recognition at an event	\$5000 - \$7500	\$1000- \$4999	\$250-\$999
Sponsor-provided banner displayed			
*Mindfulness workshop for your team			

*Suggested giving level for this is \$5000 - \$7500

Contact Us:

Nicole Sirivansanti, Co-Director
nicole@spacebetween.community

415-926-1980